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When I Think of My Body as a Horse Wendy Pratt

smith|doorstop

the poetry business

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For the Bridge Beneath Which I Became a Flock of Pigeons

You say voluptuous, you say soft, you say here, like this, like this, you say stand like this

> and a train hurtles by so close the lights halo your hair.

The noise is thrilling.
The shock stink of metal,
the hot tremble of it, the people,
their books and papers
in their rectangles of solitude;
and yes, some of them must see this.

Some of them must carry this away with them in the scream of metal on metal which is soft and quiet as a padded cell to them.

I am electrified by this close moment, physically pinioned and letting the sound drive through me, letting the scream of wheels vibrate the very bones of me until I start to come apart:

my hair shakes free from its roots and wafts in strands carried away by the train, my nails extract themselves, embed themselves like bullets in the rough-hewn stone of the bridge.

My cells begin to tug and pull apart; skin cells, mucosa, muscle fibres whipping out like electricity cables

and there is nothing to me now but a sudden startle of feathers, a flock of pigeons clattering out from beneath the bridge's eaves, train lights receding, the curve of the track in the distance.

Broke Horse

Yesterday my body and I played Olympic gymnasts in the time between bed and bath.

My body's foal-form of long legs and hot, slim energy rippled with the joy of movement.

Today it is unexpectedly wrong. I blame my body for breaking the rules, though we didn't know there were rules.

Foal-body falls backwards, stung by my punishment. Our friendship deteriorates, but at least she can be ridden now.

Tampon

Where are the Dalmatians, the roller boots, the ponytail of sleek, blonde hair, the skin-tight body suit? I expect something to emerge other than blood. I expect a neatness to my menstruation, not this shameful seep, the blush each time I sneeze, the clenched thighs.

First time, hovering, one foot on the bath's white lip.
The diagram is torsoless, a line drawing, a poor man's cunt.
I struggle. I get it wrong, somehow I can't align
my body to its shape. It fishtails away to its cotton clique.
I am not the girl on roller boots. I am some sort of freak.

What I Learned from the Animals of My Childhood

I learned to love unconditionally from the dog.

From the cat I learned to disappear and be selfish.

From the rabbit I learned eternal patience, when my whole life was plywood with a brick-wall view.

From the guinea pigs I learned to love food without remorse.

From the goldfish I learned that even with a fairground beginning it is possible to exist in gold shimmers and forget things quickly.

From the nesting house martins I learned that spit and mud are good enough to hold a home together.

From the frogspawn and tadpoles I learned that change is possible.

From the roosting bats I learned that even in a pitch-black attic of suitcase-safe memories, a whole dark-hearted life might erupt pulsing from the smallest cracks.

From the sky larks in the oil-seed-rape I learned that songs should be sung high, in a pitch of blue. And how to run in the opposite direction to my nest when I meet the earth in a head-long dive.

The Lemon Trees

My dance is a slick of oil; is the back-ridge of a waiting crocodile, is a too-stoned-stagger, smoking hash in the corner, my dance is a mill pond and the club is the wheel, and the room is being annihilated. My dance is white skin, mouth open, my dance is this minute only, nineteen-ninety-two, slipped into my brother and sister's heavy metal obsession. My dance makes the rules bend. I dance and dance my dance and go home spinning. What a beautiful name for a shithole club.

Love Letter to Scarborough on a Saturday Night

You are a smear of girls in high heels and of seagulls wheeling. The castle, with its sleeping beauty slope, is constantly above us all and all the lasses cling and stagger, lads bellow like bulls down the high street.

You are burgers at Chubby's, the mock chic of the casino, someone fighting outside the Christian Centre. You are a lass in a white dress sitting on the kerb, shoes off. You are the lads tripping drunk down the slope to the sea.

You are first light, littered streets, runners on Marine Drive, coffee, smudged mascara, a hard come down, stomach hollowed, you are nineteen-year-old me, you are waves like a cool hand on a hungover brow, you are the optical illusion that makes waves into dorsal fins; always the promise that something beautiful might swim beneath the grey.

In the Parole Office

The lads are leaf litter blown in through the gaps they fell through. Cheeky laddish types, thuggish hard man types all of them little lads in the orange plastic seats. There are buckets of boys here skittles of boys and one girl thrown like a hand grenade into the middle of them. Tick tick says the girl brokenly to the broken boys who rub themselves against her oily camouflage. Tick tick.

How You Fed Me Like a Wild Animal and I Let Myself be Tamed

Because I couldn't eat. Because I was sick with myself and sick with running but couldn't stop.

Because you didn't force me.
Because even when I tried
to make my home with you
the dark inside me couldn't stop
breaking things open, because
I was broken open.

Because you were patient and let me run and let me buck and kick and show my teeth and weren't fazed by it.

Because I was always ready to fight you, but I never needed to.

Because you are the gentlest person I ever met, because you fascinate me. Because you made me wonder what it would be like to believe you when you said you loved me.

Because I wondered what it would be like to stop.

Because you stood for months with your hand out flat, filled with food and I let you feed me.

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'The God of Small Things' won third place in the Manchester Cathedral Poetry Competition.

'When Rabbits Die' was commended in the YorkMix Poetry Competition, 2017.

'Self Portrait with Maritime Museum Mermaid, Hull' was commended in the YorkMix Poetry Competition 2019.

'The Circle of Sisters' and 'The Language of Pre-Motherhood' first appeared in *Poetry Wales*.

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